MARCH 2017

The Finish Line

- **The Mission of Zoomers is to promote health and inspire fellowship by providing quality events for our community.**
- **Visit Zoomers online at http://www.zoomersrun.com for upcoming race information, past newsletters and other useful information**

TORCH
Bar & Grill
torchbistro.com
2113 Tamiami Trail
Punta Gorda, FL 33950

Thank you Heidi and Shane for hosting our Tuesday night run at the Torch

Is there someone you would like to see in the Spotlight?

Email suggestions to ZoomersNewsEditor@gmail.com

Southwest Florida Running & Triathlon Club / ZoomersRun.com

ZOOMERS SOUTHWEST FLORIDA
RUNNING & TRIATHLON CLUB
P.O. BOX 380276

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zoomersmembership@gmail.com

COACHING & TRAINING

If you are interested in improving your running and would like to get a coach, there are several RRCA Certified Coaches in the local area. Our listing below does not indicate endorsement by the Zoomers Running

Looking for a coach? Below are Zoomers members who are coaches

Ms. Michele Galluppi
Port Charlotte, FL,
RRCA Running Coach
happy66rose@gmail.com

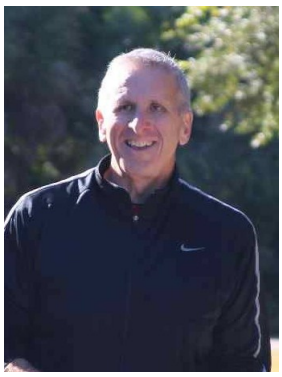
Heather Butcher
Multi Sport Coaching
941-416-4492
hbtrisport@aol.com

Dee Stout
RRCA Running Coach
dee.stout4@comcast.net
941-276-5671

Did you move?? Did you move??

Please be sure to keep Zoomers updated with your current

Address, phone number and email address,
So that Zoomers can keep YOU updated too!!



President's Message
by Ed Gillen

Up north, March is the month that brings hope of the coming spring. Here in SWFL, we view March differently. We know that our cooler and drier months are coming to an end replaced with hot, steamy and lots of rain. March has four races that are included as part of our 2017 Zoomers Race Series. I hope that all members sign up for the series (it's free!). You can sign up online or by sending the race series coordinator an email. The series includes races of various distances. Sign up before the March races (Sharks Tooth 10k, St. Patty 8k, Sarasota Half, FOP Fallen Heroes 5k or 10k) as you can't go back and retroactively get points. Zoomers also has a Kids Race series and next up is the Life in the Sun 5k/10k on March 11th. Lots of resources on upcoming races and how to opt in at zoomersrun.com

I've said it before … Zoomers is a lot like a family. We celebrate accomplishments and come together in tragedy. Our hearts, thoughts and prayers go out to Ed and Joan Morgan on the tragic loss of their daughter.

As always, we appreciate your support of Zoomers.

Florida Compassion Foundation
Where caregivers find hope.

Southwest Tools & Fasteners
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~ ONSITE ~
941-254-3146
Bryan Minos
sales@southwesttoolsandfasteners.com
3941 Tamiami Trail Suite 3157 #316
Punta Gorda, FL 33950

Zoomers is 21! We will be celebrating by holding a 21st-anniversary group run, walk at Babcock-Webb on Sunday, April 30, 2017, at 7:30 a.m. You will be able to choose from a variety of distances. Participants will receive a commemorative gender-specific running shirt, light refreshments and drinks. The 'course' is a beautiful 5-mile out and back road alongside gorgeous Webb Lake. Water stops will be provided.

Cost: $10.00. Zoomers is absorbing the cost of RunSignUp registration and parking fees at Babcock/Webb.

Register at: https://runsignup.com/zoomersanniversaryrun

TriFit Sports
Trifitsports.com

Art of Acupuncture
Venice
www.VeniceFLacupuncture.com

Zoomers Announces 2017 Scholarship

Zoomers is pleased to announce that it is accepting applications for its 2017 Scholarship. Zoomers will award up to $1,000 to the eligible recipient. To be eligible, applicants must meet the requirements, complete the application and application should be received no later than April 30, 2017.

Click Here to Download in PDF
http://zoomersrun.com/wp-content/uploads/2017-Zoomers-Scholarship-Requirements-and-Application.pdf

Questions?
Contact Pat Vasquez @ ZoomersVicePresident@gmail.com

ZOOMERS MONTHLY BUSINESS MEETINGS

- Do you want to be involved in what is happening in your club? Please join us on the first Wednesday of each month for the Zoomers Business Meeting. It is currently being held at the Charlotte County Chamber of Commerce at 6:30 pm.
- At these meetings, we discuss what is happening in the club, what past races were like and what races we have coming up. You will learn how it all works behind the scenes and also be able to voice your opinions, concerns or maybe you have an idea for something new?
- Come join us and see what it's like.
- Next Business Meeting is April 5, 2017

March Membership Report

WELCOME TO OUR NEW MEMBERS

Adam Nogle
Barbara Rich
Cole Rice
Danielle Chance
Justin Nelson
Kari Wilbanks
Kerry Nelson
Monica Umpierrez
Peter Ameglio
Shelley Vakil
Tom MacDougall
Alice Loveall
Kyle Rousseau
Gary Butler

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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY
PORT CHARLOTTE
PUNTA GORDA
NORTH PORT

Zoomers Multisport Race Series 2017

(Adults)

Race Series Points will be awarded as follows:

10 pts Overall Male and Female

6 pts Master Male and Female (age 40+)

6 pts Grand Master Male and Female (age 50+)

6 pts Sr. Grand Master Male and Female (age 60+)

6 pts Veterans Male and Female (age 70+)

6 pts 1st Place in age group Male and Female

4 pts 2nd Place in age group Male and Female

3 pts 3rd Place in age group Male and Female

2 pts completing the Race

* All races will be considered as part of the race series; however, only your best 6 races will be scored (2 races must be run as a minimum).
* You must OPT IN to be eligible to earn points for the 2017 Race Series. You can sign up anytime of the year. Once enrolled, you start earning points. If you don't sign up then you don't get any points. To OPT IN, please go to www.Zoomersrun.com and click on Race Series. Points are NOT retroactive; you will start accumulating points from the time you OPT IN. A confirmation email will be sent to you. If you do not get one, contact Zoomersvice president@gmail.com. Please print and retain the confirmation letter that you receive after opting in. This email confirmation serves as your proof that you opted in to the 2017 race series.
* Whatever Age you are on December 31, 2017, you will be placed in the appropriate age group and you will remain there throughout the Entire race series. This only applies to the Zoomers Race Series Scores.
* There will be the standard 5 year age groups, Plus Athena and Clydesdale.
* Points are cumulative throughout the year.

* Only paid and active adult members of Zoomers, over 20 yrs of age, will be awarded points. When your membership expires, you will be removed the 1st of the following month unless you have renewed. (Example: Membership expires June 10. If you do not renew by June 30, you will be removed from the series on July 1.) You will not receive points for the period of expired membership. (Example: Do not renew by June 30 and do the Englewood Tri on July 10 - You will not receive points bc your membership is not in good standing).
* Scores are decided by the Race Director and Timing Company for each race. Zoomers is NOT responsible for race results. Scores will reflect as published for each race. In order to receive credit for volunteering, race series participants are responsible for signing-in on the volunteer sign-in sheet.
* All distances count whether it is Sprint or International.
* Duathlons or other multi-sport events in that race count. Duathlons and Aqua bike events will have their own division.
* Volunteer at least (1) of the following Zoomers Volunteer Opportunities: (List Subject to Change as Opportunities Arise):

Active Suncoast ½ - Water Stop

Harbour Heights 5k & Half – Water Stop

Myakka River 5k & Half – Water Stop

Summer Kids Fun Runs

Trick or Trot 5k

Zoomers Turkey Raffle Run

Habitat for Humanity Turkey Trot 5k

Racing series point totals will be posted on the Zoomer's website after each race. Mistakes happen, so it is the responsibility of each Race Series participant to check their points and report any discrepancies. Please report any errors to ZoomersVicePresident@gmail.com

If there is a tie, both winners will receive the same award.

Awards will be presented at the Annual Awards Banquet

ZOOMERS

2017

4/01/17 Escape from Fort Desoto

4/02/17 Storm Challenge

4/02/17 Lake Avalon Reverse Tri/DU

4/09/17 FGCU Eagle Sprint Tri

4/30/17 St. Anthony's Tri Sprint & Int

6/04/17 Naples Fitness Challenge

6/18/17 Heartland Tri Sprint & International

6/25/17 Siesta Key Tri/DU

7/02/17 American Tri/DU

7/8/17 Ft. Desoto Tri. Sprint/International and Duathlon #1

7/15/17 Englewood Triathlon

8/19/17 Ft Desoto Tri. Sprint/International and Duathlon #2

9/2/17 Venice Tri

9/10/17 Captiva Tri

9/23/17 Ft. Desoto lll Sprint/International and Duathlon #3

9/30/17 Siesta Beach Tri – Sprint

10/07/17 Lycra and Lace Women's Tri

12/17/17 Christmas Tri Sprint and Duathlon

If you need anything during the season, the Race Series Committee is here to help you…

Jessica Oldfather Pat Vasquez Dave Pierce Melinda Hooper

Go to www.zoomersrun.com for more info and to Opt In **

**For dues paying active members

Upcoming Races!!!

March

March 11, 2017—Life in the son

March 25, 2017 Guns and Hoses

April

4/02/17 Smoothie King

4/22/17 Gator Wilderness Camp Trail Run 5k & 10k

4/01/17 Escape from Fort Desoto Tri

4/02/17 Storm Challenge Tri

4/02/17 Lake Avalon Reverse Tri/DU

4/09/17 FGCU Eagle Sprint Tri

4/30/17 St. Anthony's Tri Sprint & Olympic

May

May 13, 2017 - Turtle Trot 5k (Lovers Key)

For more information on local races and links, go to

http://zoomersrun.com/races/

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dsorah@darabsorahcpa.com

KIDS RACE SERIES 2016-2017 RACE ROSTER

~~Pirate Treasure Trot 5K Aug 20th, 2016~~

~~Remember the Fallen 5k- Sept 10, 2016~~

~~Trick or Trot 5k– Oct. 22, 2016~~

~~Charlotte County Sheriff's 5k run 4 the Animals– Oct 29, 2016~~

Myakka River Zoomers Kids only 5k- Nov. 12, 2016

Frosty 5k –Dec. 17, 2016

Andrew Monroe 5k – January. 8, 2017

Boca Grande 5k– Feb. 26, 2017

Life in the Sun 5k 10k– March. 11, 2017

Harbour Heights 5k – April. 1, 2017

Pine View Python Run 5k – April. 15, 2017

Doo Rag May. 13, 2017

Publix Family Fun Day 5k May 20, 2017

Firecracker 5k– July 4, 2017

For links to race registrations go to:

http://zoomersrun.com/kids-race-series/

ZOOMERS VISORS FOR SALE!

There are eight (8) regular Zoomers visors and three (3) adjustable visors left. These are Headsweats performance headwear – the most popular visor in the triathlon industry and trusted companion of thousands of runners and triathlon finishers. Wear your Zoomers visor proud.

To order, contact Zoomerspresident@gmail.com

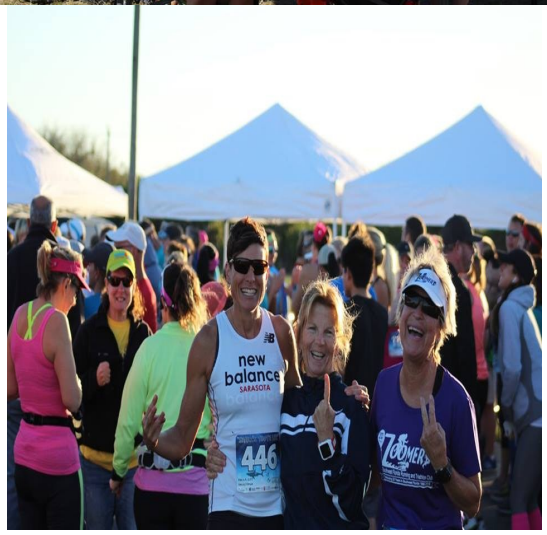
TREASURER'S REPORT FOR FEBRUARY 2017

STATEMENT DATE: February 28, 2017

BEGINNING BALANCE	**$24,421.91**
REVENUE	$743.36
EXPENDITURES	$0.00
NET REVENUE	$743.36
ENDING BALANCE	**$25,165.27**

Respectfully submitted by Patti Wargo, Treasurer

Fun times at Boca Grande 5k and the Shark's Tooth 10k



Zoomer's L K Who?

MARCH Birthdays!!

HAPPY BIRTHDAY!!

Ann	Palmer	12-Mar
Ashleigh	Allen	27-Mar
Brady	Sorah	31-Mar
Brennan	Robert	1-Mar
Buteena	Pfeffer	5-Mar
Caleb	Coldiron	10-Mar
Carol	Geyer	22-Mar
Cayden	Thomas	1-Mar
Chuck	Johnson	9-Mar
Corbin	Gilpin	12-Mar
Cully	Pfanmiller	10-Mar
Dan	McNulty	23-Mar
Denise	Costa	28-Mar
Gavin	Vasbinder	27-Mar
Justina	Raimer	15-Mar
Karen	Haynes	8-Mar
Karin	Jacobs	18-Mar
Kelli	Tarala	15-Mar
Scott	Varner	11-Mar
Lisa	Briggs	5-Mar
Lynn	Lybrand	3-Mar
Melissa	Andreae	17-Mar
Mike	Garcia	11-Mar
Noelle	Allen	15-Mar
Patrick	Vasquez	17-Mar
Rich	Golden	27-Mar
Ron	Reid	22-Mar
Ron	Van Pelt	1-Mar
Shane	Federici	12-Mar
Stephanie	Jimenez	19-Mar
Stephen	Lybrand JR	27-Mar
Susan	Coldiron	17-Mar
Tyler	Briggs	5-Mar

Lucy Linet
Travel Consultant
Cell: 941-661-4203
linetsparadisevacations@yahoo.com
www.linetsparadisevacations.agentstudio.com
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MICAH SMITH
941-423-1686
NORTH PORT

Zoomers March Madness Multi-Sport Day

SWIM BIKE RUN TRI

WHO: Active Zoomers Membership Holders
WHAT: Swim, Bike, Run followed by Q&A
WHERE: South County Regional Park Pool, 601 Cooper St, Punta Gorda
WHEN: 3/25/17 @ 7am - TBD
WHY: Promote quality training for upcoming triathlon, duathlon, aquabike & swim events.
HOW: Charlotte County Swim Masters Blue Fins (Danielle Chance, Shelley Vakil, Kerry Nelson) will host the swim. Bike & run portions will be an organized workout.
WHAT TO BRING: Swimmers - goggles, cap, suit & towel. Bikers - bike, helmet, gloves, shoes, reflective gear. Runners - basic running attire. You are not required to do all of the events to attend.
Refreshments/giveaways: Provided by Zoomers and sponsors.

PLEASE RSVP by clicking "GOING" on this post as limited spots are available.
This a no cost event for active Zoomers members.

Specific questions can be directed to Zoomersmembership@gmail.com

2017 Adult Zoomers Race Series

1/8 – Andrew Memorial 5k

1/21 – Walmart 5k

1/28 – Hands Across the Harbor 5k & 1/2

2/5 – Sarasota Music Half

2/11 – Scrub Jay 5k/10k

2/26 – Boca Grande 5k

3/5 – Sharks Tooth 10k

3/11 – St. Patty 8k

3/25 – FOP Fallen Heroes 5k/10k

4/2 – Harbour Heights 5k & 1/2

TBD – Smoothie King 5k

5/29 – Memorial Day 5k/10k

5/20 – Family Fun Day 5k

6/24 – I Run for Beer

7/4 – Firecracker 5k

7/23 – I Run for Bacon 4 Mile

8/19 – Pirate Treasure 5k

TBD – Remember the Fallen 5k/10k

10/15 – Run941 5k Classic

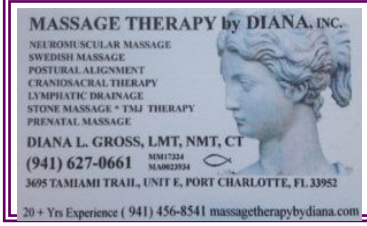
10/21 – Trick or Trot 5k (Zoomers Scholarship Fundraiser)

11/11 – Myakka 5k & 1/2

11/23 – Turkey Trot 5k

12/16 – Frosty 5k

TBD – Chick-Fil-A 5k/10k



Leader Board

2017 Adult Race Series

	Female	Male
Overall		
Masters		
Grand Masters		
Senior Grandmasters		
Veterans		
20-24	Katelyn O'Brien	
25-29		
30-34		
35-39	Jessica Oldfather	Dustin Hawkins
40-44	Jennifer Gilpin	Mike Clauser
45-49	Christina Coogan	Paul Cignarale
50-54	Roxanne Gillen	Yale Houghton
55-59	Deb Dyer	Quentin Gordon
60-64	Judith Goike	Mark Stueve
65-69	Buteena Pfeffer	John Bates
70-74		
75-79	Carol Westerman	Don Fialka
80+		

For Full results, Rules and Regulations on the 2017 Adult Race Series and also the qualifying Races along with an option to OPT IN to the Race Series, please go to:

http://zoomersrun.com/2017-race-series-results/

2017 Race Series!

NEW Rules and Regulations for the 2017 Race Series!!

** You will only be competing against fellow Zoomers in the Race Series

** No Points for Overall or Master Categories. Age Group Only

** 1st—2nd—3rd place Zoomers Age Group Awards at the end of season

Race Series Points will be awarded as follows:

8 pts 1st Place in Zoomer's age group Male and Female

6 pts 2nd Place in Zoomer's age group Male and Female

4 pts 3rd Place in Zoomer's age group Male and Female

2 pts completing the Race

For the full details and qualifying races, go to:

http://zoomersrun.com/2017-race-series/

ZOOMERS SOUTHWEST FLORIDA RUNNING & TRIATHLON CLUB

P.O. Box 380276, Murdock, FL 33938, www.ZoomersRun.com

First Name	Last Name	Date of Birth

1. _____

2. _____

3. _____

4. _____

Street Address_____ City, State, Zip_____

Home Phone_____ Work/Cell

Membership Fee: Please check one:

- ☐ New Membership
- ☐ Renewal of active membership
- ☐ Returning member (membership expired)
- ☐ Check box to get newsletter by mail
- ☐ I'm interested in volunteering

Circle	Single	Family	Student
1yr	$20	$25	$5
2 yr	$35	$45	$10
3yr	$50	$65	$15

☐ Business Membership $75 for one year

Release: I know that running, biking, swimming & volunteering to work at Club Events & road races is a potentially hazardous activity & that I should not enter & participate unless I am medically able & properly trained. I agree to abide by any race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to: falls contact with other participants, the effect of the weather, including low or high temperatures &/or humidity, traffic & the conditions of the course, all such risks being known & appreciated by me. Having read this waiver & knowing these facts & in consideration of your accepting my entry, I, my-self & anyone entitled to act on my behalf waive & release the Road Runners Club of America, the Zoomers Running Club and its Officers, Members & Volunteers, & all Sponsors, their representatives, employees & successors from any & all claims & liabilities of any kind arising out of my participation in any Club event or carelessness of the per-sons named in this waiver. Further, I grant to all of the forgoing to use any photographs, motion pictures, recordings or any other record while participating in Club events for legitimate purposes.

Signature of Primary Member: _____ Date: _____

Referred by : _____ _____

Sign up online https://runsignup.com/Club/FL/Murdock/ZoomerssouthwestFloridaRunningTriathlonClub

Zoomersrun.com

P.O. BOX 380276

MURDOCK, FL 33938

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Phone: 941-258-3647 | Email: MyBuddiesPetCare@gmail.com

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Southwest Florida Running & Triathlon Club / ZoomersRun.com

HAVE YOU MOVED? PLEASE BE SURE TO UPDATE YOUR CURRENT ADDRESS, PHONE NUMBER AND E-MAIL ADDRESS SO THAT ZOOMERS CAN KEEP YOU UPDATED TOO!

Are you on Facebook? Check out or pages and keep up with what is happening in Zoomers…

https://www.facebook.com/ZoomersNewsPhotos

https://www.facebook.com/groups/Zoomersrun/

Need people to run with? Zoomers Facebook is the place to go. Members are posting where they are running so you can join.

Look for information on the Zoomers Facebook Page!!

ZOOMERS
Southwest Florida Running and Triathlon Club

DURTI RUNNERS
RACE TIMING @ DURTIMING.COM

ISLAND GIRL IMAGES

We hope you have enjoyed this edition of The Finish Line. Join us again in April

From the Editors Desk

If you would like to submit an article to The Finish Line Newsletter, please email it in Word format to ymgailcow@yahoo.com by the 20th of the month preceding this monthly newsletter.

Please submit to newsletter by March 20 for the April issue.

We welcome you to share your personal experiences (running or otherwise), family vacations, photos, etc.

Please do keep in mind there is a 300 word limit on all articles.